

# The Lakefield Lead Line

News from Lakefield Farm



## Barnside



This weather couldn't be more glorious or more appreciated after this unbelievable winter.

All the pastures are lush and beautiful. The trails are just lovely and the wild leek and trillium are abundant in the woods. I'm thrilled to be enjoying the trails with Cashmere who is gaining confidence with every ride. It's nice to see everyone out from hibernation and enjoying time with their horses. I continue to feel so blessed to live on this beautiful property with all these incredible horses. The Kettle

Moraine trail ride was a blast. Saturday evening after the trail ride, sitting on the deck of the bed and breakfast, there was abundant food, drink and laughter as we all shared our trail ride stories. Wendy had me laughing right into my sleep with her stories about Snowman. Sunday brought an even nicer day with a very relaxing trail ride. By afternoon there were a lot of tired riders and horses. It was a great experience enjoyed by all. Leanne has a very ambitious summer schedule planned with activities for all interest and experience levels. Her Show team is already seeing great success. Make sure you check the rest of the newsletter for details on how you can become involved. Don and I are getting

excited about our trip to Canada for the Calgary Stampede. We've heard it can be quite the experience and we can't wait! When we get back, Brent and Kris Graef will be here gearing up for their clinic. This is a great chance to improve your horsemanship while having fun. I encourage everyone to participate. We are offering so many opportunities this summer; we hope there is at least one for you. Have a wonderful and safe summer!

See you Barnside,  
Rosanne

## Star out of the Box



Twinkle turned eleven this year on the eleventh of May. She was born on Mother's Day, 2003 and had her "golden birthday" on Mother's Day 2014. It got me thinking of all the time that has passed since I arrived here at the end of October 1999. There have been so many horses and so many students. My pasture alone has hosted what has seemed like a cast of thousands. When I first arrived, my pasture mates were Candy, Darby Dan, Crackers, Applause, Butter Burr and Froya. Lenci and Wind Jammer were foals and Buck 1 was a lesson horse. Leanne was an eighth grader. I remember when Cinnamon was really cinnamon-colored. I constantly mistook her as her true color, or lack thereof, became apparent.

From the beginning, I have had the opportunity to observe students and horses come and go, but have also been lucky enough to watch many of the students grow into great riders. I remember the sisters: Amanda and Maggie, Annie and Sammie, Ellie and Gwen ("Sisters, sisters, there were never such devoted sisters"), Lauren and Maddie, Meredith and Audrey (collectively known as "the twins"), and many more. There were also the mother-daughter teams: Terri and Renee (okay, Bill might have been part of this, too), Carol and Malyn, Nancy and Kimmie, Anne and Catherine, and many, many more. We have had wonderful "free-lance riders": Lauren Fischer, Jen, Katy Quinn, Caroline, Heather, Lisa, Luke, Clara, and so many more. Here's to the owners, the boarders, the riders and the horses at Lakefield, and especially to my best friend and favorite offspring, Twink.

Star

## The Platinum Rule—Lisa Lach



We all know the Golden Rule: “do unto others as you would have them do unto you”/“treat others as you would like to be treated.” Seems like a nice sentiment and a good

way to approach relationships, right?

At work, a very smart colleague told me that she recently heard a keynote speaker talking about this very subject. When you get down to it, the Golden Rule is really pretty selfish. It is a self-centered approach that assumes that what would make *you* happy would also make *everyone else* happy. Essentially, the Golden Rule imposes your own worldview onto everyone around you, without taking into consideration what those people actually need to see and hear from you to feel respected, understood and heard.

Thus, the Platinum Rule: Do unto others as *they* would have you do unto them. Or, more simply, “treat others as *they* would like to be

treated.”

This very smart woman who told me this said – and I agree – that this is a fantastic way to approach life, both personally and professionally. I’m in the field of marketing, which means I spend a lot of time thinking about how to influence people’s purchase decisions. In my professional life, I try to think about what a consumer needs to see in order to feel affinity to a brand and ultimately take a specific action – make a purchase, sign up to receive emails, Like a Facebook page, or whatever the case may be.

Outside of work, such an empathetic approach to life and relationships will be a lifelong process, but certainly a worthy one that can help us understand people and situations more clearly. The Platinum Rule takes the focus away from being self-centered and more toward being understanding, insightful and sensitive to the needs of others rather than just our own. And I think that’s pretty neat.

The Platinum Rule really applies to horsemanship, too. Too often, we focus on what we as riders want from the horse: a nice head set, a stop at the cone, more impulsion in the trot. All of these things are fine, and have deeper, positive implications for the

horse. But to accomplish these goals, we need consider what the horse needs. And what he needs is to be communicated to clearly, in a way he understands, so that there is no confusion or uncertainty about his job. Then, he will be able to do his work happily, because he understands what is being asked of him.

That’s part of what I love about horses. Every horse is going to need something a little different, and it is always an interesting challenge to figure each horse out. For example, Husky needs more leg to support him, and Joe needs a clear seat with no leg at all.

Keeping in mind the Platinum Rule is a good place to start with each new horse you get on. Instead of just thinking about what you want to accomplish during that ride, try starting from a different place: what does my horse need today? How can I support my horse during this ride so that we can accomplish my goals? How would my horse like to be treated today (other than being left alone to eat grass in the pasture, of course!)?

**[Follow Lisa’s blog here](#)**

## Soft Eyes—Sally Canapa



“If you like metaphysics, throw pots.” – Annie Dillard

Yes, and...

If you like philosophy, ride horses.

I would keep the word “metaphysics,” though. Horse people might see “philosophy” and snort through their noses, like Katie does when it’s dusty in the arena. But look at the word “metaphysics”—META-PHYSIC—beyond the physical. Surely that describes 90% of riding. And if we take for granted a certain modicum of physical prowess, say, the ability to put one foot in front of the other without falling down, then 99% of riding a horse is meta-physical. Even throwing the saddle over Katie’s back with a bum left arm is mostly mental. I listen to the pain, inform it that it’s irrelevant, aim for the other side of her back, and sail. Annie Dillard has a phrase for that, too. When chopping firewood, she says, “Aim for the chopping block.” If you focus on the log, you end up “chipping flints” instead of splitting wood. Think about the goal, the end, not the means. If you keep your heart and hands focused on the goal, the means will take care of themselves. If not, you can throw pots—in either sense of the verb “throw.” You can turn the wheel and try to keep the clay positioned in such a way that a pot will emerge. Or you can throw the pot against the wall and start over. It really doesn’t matter—as long as you keep trying.

## We Did It!! - Rosanne (and Cashmere)

So finally I was healed enough to be back in the saddle. The weather was still holding me back. Yes, I will admit I am a bit of a wuss when it comes to the cold. Finally the day came when the temperatures were tolerable and I could work on my goal of making a saddle horse out of Cashmere. I was really excited but . . . there was also an undertone of fear and self doubt.

I started riding Joe, just to make sure that I could actually still ride. After 2 years of very limited or nonexistent riding, I could tell that I was a little "off". My timing and balance just weren't where I would have liked. I knew I would get it back if I continued to work at it but definitely didn't feel confident enough to get on a totally green horse. It felt awesome to ride Joe and I realized what an incredibly nice horse he is. Even after having so much time off, except for occasional rides, he was so solid and responsive. He was great for building my confidence. Cashmere though, was the actual goal.

I started working her on the ground, putting the saddle on, working her in the round pen and just giving myself some time to get to know her again and gauge her reactions to different stimulus. Every time I thought I could actually bring myself to getting in the saddle, she'd have a little bucking spree. I really didn't want that to happen while I was in the saddle, so I continued to work on the ground. Each time, I left the barn; I would be upset with myself for not getting on. I couldn't believe that I was letting fear get in the way. Oh, I had terrific excuses to justify not getting on. She wasn't ready, there was no one else in

the arena, there was too much commotion, she seemed distracted, what if she started bucking (Don even bought me a bucking strap!). Sound familiar?

It was now approaching the middle of April and I promised myself that I would ride her on our Kettle Moraine Trail Ride May 17th. I also started telling people this is what I was going to do and I hadn't even been on her back yet! I was determined but also dealing with a lot of doubt. Should I just have Leanne or Don ride her the first couple times? I sure didn't want either of them getting hurt either. Besides, how ticked at myself would I be if I did that. Cashmere was my project from the time we got her at 6 months. It was important to me to be the only one that trained her. So, finally one day when Don was in the arena with Dreamer, I got my nerve up and climbed aboard. We just walked and it was actually quite uneventful. Yeah, one hurdle down. The next was to bring her to a trot. I lay awake at night visualizing trotting around on her, only to have reality and fear hit when I got on her. It wasn't the trotting as much as the bumping her up into it that concerned me. I had to ask for a little help.

I had Don lead her up into the trot, while I was on her, to get us going. Then I employed Rosemary and Star to trot around so Cashmere would be tempted to follow. Gradually each day we were able to do more and my confidence in myself and Cashmere grew. The trail ride was beginning to look like a reality. The beginning of May came and we still hadn't ventured outside (mainly due to weather), cantered, or been on the trails, so we still had some work to do. Finally the weather and footing was good enough to actually ride outside. That certainly

added a new dimension to the ride. She was very distracted and again I started wondering if I was crazy to take her out on the trail ride with a lot of people that may or may not have complete control over their horses. A couple days outdoors and she seemed better and again I enlisted Rosemary and Star and out on the trails we went.

Once we made it down the first hill, she settled in and did great. Ok, we were ready. We hadn't cantered yet, but felt that would take care of itself on the trail. As I write this, I am imagining all you people who think nothing of getting on young and green horses. I'm sure you can't fathom being concerned about your horse bucking or acting a little stupid. You know you can ride it. I understand that and looking back 20 years ago, I wouldn't have thought anything of it either. A few years and a couple injuries later, things tend to change. So . . . back to Cashmere.

The day of the trail ride arrives. We couldn't have asked for nicer weather. We loaded up the horses and off o the Kettles we went. First trip like this for most of the horses and riders did bring the energy level up. Standing and waiting for everyone to be ready, started to wear on some of the horses including Cashmere. It just took a group of loud Harleys to set her off and she just couldn't contain herself. Luckily I was able to shut her down quickly and we were ready to get under way. The first ½ mile, all of us were settling in or at least trying to. Cashmere was a little unsure and my hand made very good friends with the saddle horn. After that, she was fabulous. She felt like a seasoned trail horse. She didn't feed off the other horses and was content in the middle, alone, or behind. It was a wonderful two days and yes we cantered!

## Jump Painting Party!

Come help out at our jump painting/repairing/building party June 27,28 ,29 and possibly the 30th.

Please come help if you can, even if for an hour snacks and lunch will be provided.

***Students taking jumping lessons are strongly encouraged to attend!***

**Call Leanne for details 262-227-6047**

## Coming Through Fast—Wendy Peche



Going on Lakefield's Trail Ride weekend to the Northern Kettle Moraine was an experience of a lifetime. Since one of my goals is to enjoy the trails at the farm, it seemed like a great opportunity to build my skills. The trail ride did that and a lot more!

First, while most of you know Snowman as the steady (why hurry when you don't need to) gelding, he decided to show a different aspect of his laid back personality. Marilyn Roberts (Skippy's owner) and I wanted to be on our own and in the back of the group lazily walking the beautiful trails. However, Snowman decided he wanted to show everyone he may be 21, but he still has what it takes to be upfront and set the pace! Snowman set off cantering in the 1st 100 yards to show off his skills, clearly not mine. I know this will surprise you, but my quiet, dainty voice let out a scream (enough to stop Skippy in her tracks). Realizing this wasn't the best way to communicate with my fellow riders and their horses, I asked Leanne for some sage advice. She calmly smiled and suggested, "just say coming through fast." That expression was used on several occasions as Snowman decided we could best enjoy the gorgeous surroundings from the front of the pack.

Second, the trail ride gave me a chance to practice what I'd been learning from all 3 of my instructors, who of course were all present to see my unplanned demonstration. "Breathe, relax, ride the ride, shorten up on one rein to turn the hindquarters, have fun" was front and center in my thinking. And everyone's encouragement and support was priceless. The trail ride was worth at least 50 lessons!

Third, I learned how amazing it is to be out in nature, enjoying my horse in some of Wisconsin's most scenic areas. It has inspired me to be a better rider for BOTH Snowman and I. He deserves the best partner I can be.

Lastly, what makes Lakefield such a special place is the people. The sense of caring, compassion and commitment to each other and our horses is palpable to observers. That energy, support and fun was with us on the trails and made for a most memorable and enjoyable experience.

So the next time you hear, "coming through fast" don't be surprised that it's Snowman and I.

## Day of Horseplay

Does your child beg to spend more time at the barn around the horses? Then Day of Horseplay was created with them in mind! This weekly educational horsemanship day is a great opportunity to introduce your child to horses or to further their equine knowledge.

Children are engrossed with all aspects of horse care, from barn chores to animal husbandry. This is a great chance for them to experience a slice of life on a horse farm. After all, there is so much more to great horsemanship than simply riding – and this is a great place for youngsters to learn about every aspect of the horse.

Thursdays, June 19-August 28, 1-4 p.m. (No class the week of July 4)

All children ages 5 and up are welcome!

Cost: \$25 for each class, or 4 classes for \$80

For more advanced equestrians, there is the Horsing Around program, which builds off of the knowledge gained in the Day of Horseplay. This educational program is great for all ages, from kids who have advanced beyond Day of Horseplay to adults looking to learn more about horses. Horsing Around covers a range of topics that are meant to instill confidence and skills handling horses in many different situations, along with some of the responsibilities that come with owning a horse farm.

Some things that may be covered during Horsing Around are: how to set up a jump course; proper striding; gaits and foot fall; equine musculature and skeleton structure; teeth and dental care; and how to find and monitor equine vital signs.

Thursdays, June 19-August 28, 5:30-7:30 p.m. (No class the week of July 4) Open to more advanced children and adults. Cost: \$25 for each class

For more information, contact Leanne Albers at Synergy Equine. Phone: 262-227-6047

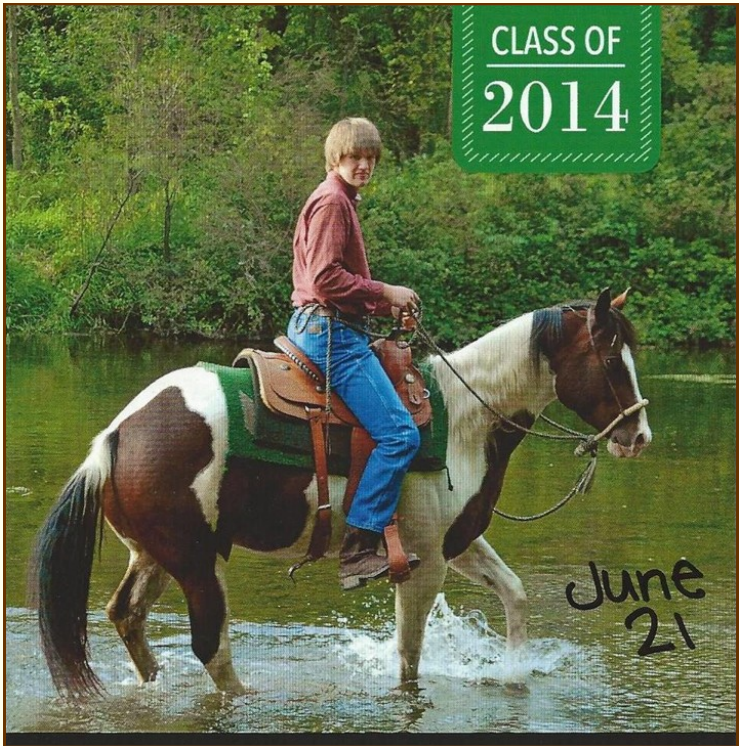
Email: [albers.synergiequine@gmail.com](mailto:albers.synergiequine@gmail.com)



For Sale or lease	Lessons
<p>"I Dove You" also known as Dove is a very kindhearted thoroughbred mare! She has never been raced and is 12 years old 15.1 hand Chestnut. She has been in my lesson program for the last three years and loves working with kids! Adults and youth riders of various levels have ridden her. She would make an excellent horse for a family. She is very quiet on the trails by herself or with others. She has a lead change but would need a tune-up because young riders have been riding her more often and it has not been required out of her. She has been showing the last year at Hunter/Jumper schooling shows. She will be extremely missed at the barn but at this point I need a horse that can do more jumping in my program. She loads, clips, bathes, ground ties, and has no vices.</p>	<p>If you haven't signed up yet for lessons, make sure you do so now!</p> <p>Leanne's number is 262-227-6047.</p> <p>Don also has some daytime availability. You can call him at 262-227-6029.</p>

Congratulations to our Graduates!

Lauren and Luke both graduate this year. We are excited to see them embark on their next phase in their life and wish them all the best in everything they do. We know they will succeed as we have seen what they have both accomplished during their years at Lakefield Farm. We watched them grow from children into young adults and are very proud of them and proud to have been a part of their lives. Good luck to you both!

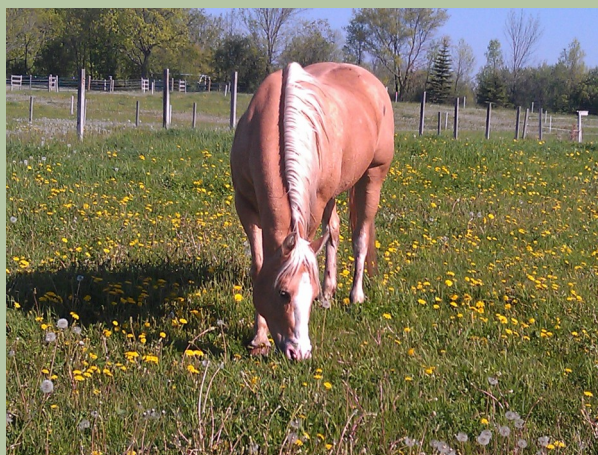




## Lakefield in the News!

Lakefield Farm was featured on Fox 6 "Real Milwaukee" . Chip from Real Milwaukee gets a lesson on Cuervo from Leanne, and Lisa Lach and Madi Kasun showed their jumping skills!

**You can view the segment here.**



Cuervo was a star!

## Congratulations to the Show Team



Lisa and Husky



Kimmie and Twinkle



Madi, Leanne, Lisa, and Kimmie



Leanne and Madi



Madi and Cinnamon



*First Day in the Grass Pastures!*





## *Kettle Moraine Trail Ride*





## *Kettle Moraine Trail Ride continued*





# BRENT GRAEF Horsemanship

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Lakefield Farm ~ 1440 Lakefield Rd ~ Grafton, WI 53204



Brent teaches horsemanship through feel. If you're interested not only in performance, but in relationships, and developing a bond of trust with your horse, this is the clinic for you!

Brent is known for his gentle, yet effective ways with horses and their humans. He has coached everybody from backyard horse lovers, to high level dressage riders, working ranch cowboys, and other horse professionals.

## FOUNDATION CLASS 9-noon each day

First, we'll fill the holes in your foundation through groundwork. Then, we'll move to the saddle and continue to build on that understanding. Remember, all those fancy maneuvers you dream of are really just the foundation, done to a higher degree of perfection.

Colts are welcome in the groundwork portion of the class; horses in the riding portion must already be going under saddle.

## ADVANCING CLASS: 1:30-4:30 each day

All riding: This class is designed for more confident riders.

You'll explore soft feel, softness through transitions, cadence, control of the hindquarters and forehand, and lateral moves. These things help your horse become softer, more supple, and better balanced.



## PRICE:

\$325/ 1 class or  
\$580/both classes  
(covers all 3 days.)

Audit: \$25/day @ door

NO VIDEO/AUDIO TAPING!

No Stallions, please.

**BYO Lunch/Drinks**

## SIGN UP ON-LINE:

**BrentGraef.com/schedule**

50% deposit to reserve your spot. Full payment due 6 weeks before the clinic. Payments are non-refundable and non-transferrable to another clinic.

## CONTACT:

Kris Graef  
806 499-3239  
BrentGraef@Yahoo.com

More intense study opportunities are available at Brent's 6 day courses near Amarillo, TX.

\* Horsemanship on the Trails

\*Young Horse Handling (Halter start untouched yearlings!)

Photo by: Cornelius Matteo [www.cmatteo.photography.com](http://www.cmatteo.photography.com)

# HORSEMANSHIP CLINIC



## News from Lakefield Farm

1440 Lakefield Road  
Grafton, WI 53024

Phone: 262-375-4451  
E-mail: [horses@lakefieldfarm.com](mailto:horses@lakefieldfarm.com)

**We're on the web,  
[www.lakefieldfarm.com](http://www.lakefieldfarm.com)**

**Advancing Horsemanship through a  
softer approach**

**Member of American  
Quarter Horse  
Association**

**American Paint Horse  
Association**

**United States  
Equestrian Federation**

### **Trainers at Lakefield Farm:**

Don Korinek—262-227-6029

Rosanne Korinek 262-227-6039

Leanne Albers—262-227-6047

Paula Curtis—262-323-1102

Jack Curtis 920-645-1671

Lakefield Farm is more than just a boarding stable. Lakefield Farm is a place where horse enthusiasts not only ride, but also take advantage of the beautiful property and river to snow shoe, hike, cross country ski and just enjoy being out in the country. We provide quality, dependable, knowledgeable care for horses while providing a friendly, relaxed atmosphere for horse enthusiasts to learn and enjoy their horse. We believe in educating our customers in all aspects of horsemanship, including care, safety, groundwork as well as riding skills. Our five trainers have over 140 years of combined horse experience. We have a passion for what we do and it shows. Our services include boarding, training, lessons, horsemanship weeks and as well as self improvement courses.

## **Silver Maple Flooring LLC**

**Wood Floor Installation, Sanding,  
Staining, Repairs, Refinishing,  
New Construction**

**Existing Homes**

**Brad Korinek Owner**

***"Keeper of the Craft"***

**Have a horse question? Ask one of our trainers  
and we will answer in the newsletter.**



## **Calendar**

**June 19-August 28** Day of Horse Play, 1-4pm

**June 19-August 28** Horsing Around, 5.30-7.30pm

**June 27-29** Jump Painting

**July 11-13** Brent Graef Clinic