



Barnside



*Photo by Cindi Amini
Incredible Sky*

Happy New Year!

Wow, with all the things going on in the world, it sure is nice to come out to our horses who are oblivious to coronavirus, financial markets, and politics. Working with our horses gives us the opportunity to be present in the moment without all the background noise.

Most everyone feels 2020 was a challenging year. As I reflect, I also see many positives. When we talk about training horses, we often talk about going back to the basics. I believe that is what 2020 did for us. By not

spending time planning parties, going out to eat, or traveling, we were able to spend more time with family, ourselves and our horses. It gave us an opportunity to slow down. People seemed to spend more time with their horses. Ourselves as well as our clients enjoyed many trail rides and even trail walks. I believe this pandemic helped people become more physically active. I never thought that I would just enjoy walking my horse (not riding) through our trails but I found that it actually felt terrific. I became more fit, better able to navigate hills, uneven ground and obstacles such as brush and fallen branches. I also feel that the horses enjoyed it as much as I did and benefitted as well.

This newsletter is packed with information on upcoming events and programs, fun

photos of our barn activities, and reflections on the past year. We are finding that our programs fill up fast and we have had waiting lists. If you want your child to get in a program, sign up early.

We are looking forward to another year of spending quality time with our horses and our horse loving friends.

Hope to see you Barnside!

Rosanne

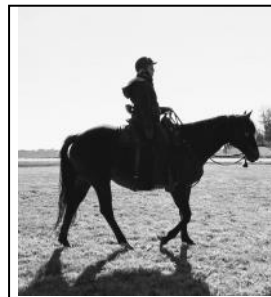


Photo by Sue Lorenz

Special points of interest:

- CIRSTEN PAINE—GRATEFUL
- TWINK IN THE CORNER
- LEASE OPPORTUNITIES
- TINY TOT AND FOAL PROGRAMS
- CINDI WHITE—GRATEFUL DESPITE IT ALL
- BECAUSE OF THE HORSE—ELIZABETH SANDRETTI

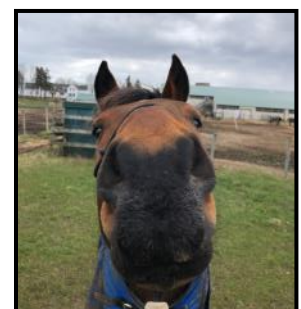
Grateful by Cirsten Paine

In this, the worst of all years, surrounded by death and suffering, violence and strife, more than anything I find I am grateful. When I have a reason to get up, get dressed and go outside, I'm grateful for my horse, his loyalty and his desire to please. When I lose track of time watching the sunset over the fields or

watching my horse in the paddock, I am grateful for the beauty and peace of the farm. In this time of isolation, I'm grateful for the camaraderie and friendships to which my horse has led me. In this time of polarization and social unrest, I'm grateful to have conversations with people who see things differently from me, to know these people, to like

them and to respect them. I'm grateful that our horses give us common ground to see each other, not as memes or slogans or "the other", but as people... who also love horses.

Cirsten Paine



Cirsten's horse, Smarty, being a ham!

Twink in the Corner *by Rosemary Fox*



interested in her basic needs. In other words, when she is not yowling, she is eating.

There has also been mudwrestling in the paddocks. Certain geldings are on the pro circuit. Items from my personal wardrobe have been borrowed by others. The new mini, Clover,



has begun playing "dress up" with my holiday headgear.

This is not the first time items of my apparel have been "borrowed."

Let's hope there are no more headgear holidays this year (I am suppressing memories of bunny ears and bobbling shamrocks).

That's all for now. I am going to look in on Winston.

Twink

Editor's note: this column was prepared last February-March, but never published.

When I learned my human was retiring, I thought that was a good thing. I thought it meant rest, relaxation and minor indulgences for the retiree and, more important, her horse. Instead, I find myself being confined to

my stall until she gets here—everyone but me gets to go out and eat. Just when I am getting used to the quiet and settling in to what is left of my hay, the morning calm is shattered when human enters bellowing, "TWINKSTER ARE YOU READY TO GO?" She also asks me whether I am going to be "good." Fat chance I am going to be happy with either of these options, much less both. I am not a morning mare. She expects me to do belly lifts, stretch for carrots and stand still at the ungodly hour of 7:45 a.m.! Is it any wonder I have had to resort to desperate measures? My patience has been stretched to the limit... it was, after all, only a small bruise and none of the nips have connected...yet. Who let her do this?

Happy New Year!

Twink



THERE ARE

A LOT OF

HIJINKS GOING

ON AT THE

BARN!

Memorandum

To: Rosanne and Don
From: Twink in the Corner
Subj.: FYI Barn Hijinks

Happy New Year!! I wanted to update you on a few things that have occurred since our last newsletter.

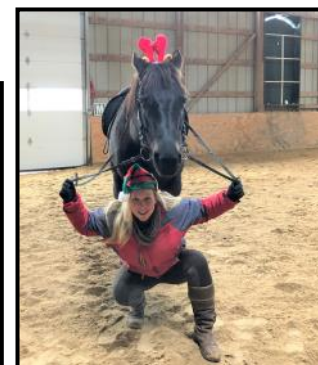
The cat Winston, who bats at my head with his claws, has started to drink. I think I even heard



him humming "There's a Hole in the Bottle of Wine." It has not improved his mood. As for his "pal" Mittens, she is far more



T



Winter Fun



Lease a Horse!

Lakefield Farm offers leasing opportunities to our lesson students to help them further their skills, gain more hands on experience and help them determine if horse ownership is for them. Lease opportunities are limited .



Buddy is a super sweet Argentine Criollo gelding. He loves attention. Buddy rides English or Western, and is great on the trails.



Daisy is a fun loving pony looking for her next student.. A great pony for any child to advance their skills. She enjoys jumping and the trails.. Daisy is additionally great for any student who is looking to get started in the show ring.



Socks is a fun and safe little Morgan for any beginner child looking to build their confidence. After arena work he loves to go for a nice leisurely trail ride.



Red is a pretty straightforward guy. He enjoys his summer riding in the outdoor along with going out on the trails. This guy will help teach your child to jump and get them started safely in the show ring.

LEASING
IS A
TERRIFIC
WAY TO
INCREASE YOUR
SKILLS AND
PRACTICE
WHAT
YOU LEARN IN
LESSONS!

A Christmas Surprise

Under the tree Christmas morning was a package for Audrey containing a number of clues. They were a small statuette of a horse, a small catnip mouse, borrowed from the family cat and a 2021 calendar with a picture of Audrey and Mouse positioned on each month. All three were linked together with a Christmas ribbon. At first she seemed puzzled but it did not take long for her to start putting it together. The facial expression was priceless and I am sure you could hear the squeal of excitement halfway across the county.

Audrey has been taking lessons at Lakefield for about three years now. She has learned so much with Dandy, Chessa, Huck and Buddy along with a team of wonderful instructors and mentors. She has such a passion for horses and truly wants to begin showing. We felt it was time to take the next step and Mouse seemed like the perfect fit. The two of them will be learning together. Their friendship is growing.

Audrey is also learning life lessons, like being part of a team and not always having things go her way or learning to take a fall and getting back up and trying again, literally and figuratively.

It's gratifying for me to know that wherever life takes her, she'll have a community of girls and women, other horse lovers, that she will be a part of. Some of her best friends in life will be horse people.



*Audrey's Christmas gift
A year long lease of Mouse*

If you ask her, her career path is either a horse trainer or instructor. Her goal right now...ride fast and jump high.

Gramma Marilyn Roberts

Tiny Tot and Brand New Foal Program

Tiny Tot is an opportunity for your , 3-6 year old to be engrossed into the wonderful world of horses. Horses are a great opportunity for children to disconnect from technology; while learning to discover themselves, gain responsibility and increase self-confidence with a feeling of pride. Your tiny-tot will learn how to care for an animal with encouraging supervision and dependable, kind school horses!

We are excited to say that we have spring dates for our Tiny Tot classes along with two options! There will be an A class and a B class. If your child hasn't completed a Tiny Tot class before they will participate in the A class. If they have participated in Tiny Tots once or twice they will participate in the B class. Students who graduate from Tiny Tots can move into our new foal class!

Our Foal class is for children, 5-7 years of age, who know how to safely catch, groom and tack up their horse with minimal help or instruction. In the Foal program they will continue to develop confidence, posture, balance and strength. Students will discover how to ride the trot, learn to post and safely steer the horse around obstacles while maintaining the trot. When students master these skills and more, they will be ready to move into our lesson program. Ages 7-11

Dates and times can be found [here](#) on our website. Class sizes are limited so sign up early.

E-mail: albers.synergvequine@gmail.com



Gratitude in spite of it all by Cindi Whiten

I know I am not alone in thinking 2020 is a year I would much rather forget. My husband has taken to referring to 2020 as a “gap year.”

The human condition seems to be that we tend to focus on the negative. We bemoan what we can't do and what we can't have in the right here and right now.

I am choosing to focus on what I have gained in the past year. I have a new horse who seems to intuitively know what I need on any given day. Cherish has taught me a lot about myself and her. I continue to learn something each time we are together.

I have come “home” to where my horse journey began. I am making friends; I truly appreciate each and every one of them. They have all shared freely of their time, asking nothing in return.

The barn book club has given me a reason to read! There is some purpose and even re-found joy of just sitting with a good book. My fellow readers have offered their insights to the book we all read. Sometimes their perspective is different from my own and it is fun to hear what those “take aways” are.

In spite of the circumstances of this past year, I am truly lucky for my many blessings. A person who is much smarter than me once told me, “if you can find joy in whatever circumstance you find yourself, life is good indeed.”

Cindi Whiten



Cindi and her horse Cherish

Cindi purchased Cherish (formerly Chessa) from Lakefield Farm in May after her previous horse “Magic” had passed away

WE CAN

CHOOSE

WHAT WE

FOCUS ON

Horsemanship Weeks

Lakefield Farm will again be holding their very popular Horsemanship Weeks. We will have 4 weeks available during the months of June and July. Last year we ended up with quite a waiting list so if you have a child that is interested, I would sign up early so you are not disappointed.

The following are our 2021 Dates with a link to sign up.

- June 14-18
- June 21-25
- July 12-16
- July 19-23

[Lakefield Farm - Horsemanship Weeks](#)

Weeklong sessions offer up-close, hands-on time in the company of horses. Your child will learn the basics of riding, horse care, feeding and grooming. Our experienced trainers and school horses provide opportunities for children to develop confidence and learn responsibility in a fun, safe environment. Each week wraps up with a “fun show” so the kids can show off their new horsemanship skills to family and friends.

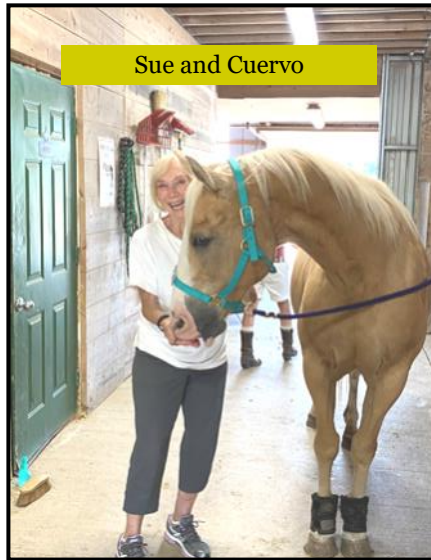


Trotting through obstacles



Finishing up bath time

A few photos from around the farm

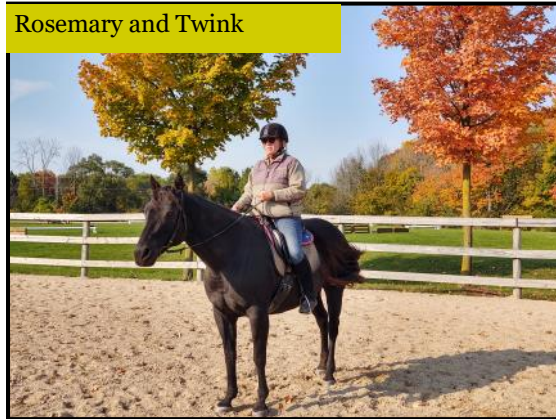


Sue and Cuervo



Carol and Apollo

Rosemary and Twink



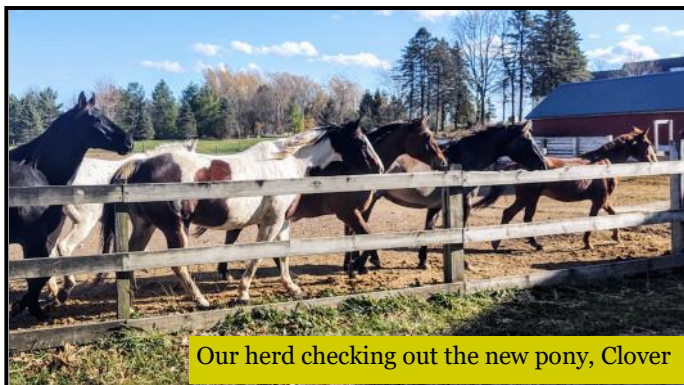
Lesson in the Snow



River on Socks



Sylas on Huck



Our herd checking out the new pony, Clover



Cheryl on Husky

Because of Leasing a Horse . . . By Elizabeth Sandretti

Because of the Horse. There are so many ways to begin or end that sentence.

- Because of the horse, I feel renewed and less anxious over things I couldn't control.
- I have more patience with every day irritations, because of the horse.
- Because of the horse, I am stronger, a better version of myself, content with simple things.
- I have a super sore shoulder today because of the horse.
- Because of the horse, my car has a constant barn smell and embedded arena dust in the crevices.
- My day started with a feeling of gratitude for simple joys, because of the horse.
- Because of the horse, I look forward to the next ride.
- I have amazingly great war stories and a few good battle scars, because of the horse.
- Because of the horse, I know the joy of solitude and embrace it, especially on the solo ride.
- I understand ending on a good note and taking small steps forward toward excellence, because of the horse.
- Because of the horse, I am always looking forward and staying centered.

"The horse" is of course, Dreamer. I do call him Sir most of the time, which he seems to appreciate. I rode for a lot of years, and gave it up when I had Kyle, who was born with many challenges. I knew I would al-

ways get back to riding again, and when my husband Ed asked what I wanted to do besides hang out in the house cooking during COVID, I said I wanted to take up riding again. So I called Rosanne, and leased the horse. There began the love affair, not only for me with Dreamer, but also, and maybe especially, for Kyle.

For me the absolute joy of being back in the saddle was (is) indescribable. Taking lessons was a first for me, and now I will always work with a trainer. Ground work, a clinic, soft hands, tall seat. Small steps forward for me and the horse. Then, add a layer. Riding out in the woods, early mornings, late afternoons, sunny hot mid-days, cold wet rides too. Awesome. Add another layer. Great people. New friends. Then, the unintended best consequence ever. I bring Kyle to the barn.

It is like he has been waiting his whole life to be here. He is so taken with the horse that it brings tears to his eyes when we pull in the driveway and he sees the herd. He immediately begins looking for Dreamer in the crowd. I discover he has a quietness about him that the horses all like. A sweetness I knew he had, but that translates to the horse clearly. It's amazing for me to observe this every time.

We devote one day a week for Kyle to spend with Dreamer. Sometimes he brushes him and practices leading him around, sometimes he likes to watch me ride. Other times we take him outside and let him eat grass, and Kyle takes pictures and talks to me about everything on

his mind while the horse quietly grazes. It is a true bonding moment, that once a week visit with the horse. Everyone at the barn is so kind to Kyle, chatting with him, or having him help out with small tasks, which we talk about all the way home. Before we leave, he always gives Dreamer a little treat, some grapes, or carrots. And pets him, and tells Dreamer that he is "my special guy". When we get home, he calls friends and family to tell them about his time at the barn. And the pictures. He posts those on facebook and then counts how many 'likes' he gets.

I knew this would be a great next chapter in MY life, but I didn't expect it to have the impact it's having on Kyle's. Every day we talk about Dreamer, and when are you going out next, mom, and when can I come? What we'll do when we get there, and what is Dreamer doing RIGHT NOW. Is he in the barn? Is he outside? And the best: Mom, I love him so much. He is my special guy. And I think, Kyle, I know what you mean, bud. I feel the same way. Because of the horse.

Elizabeth Sandretti



Kyle leading Dreamer



Dreamer showing off his new saddle



A ride in the snow



One of Kyle's favorite photos!

Brent Graef Clinic

WWW. **BRENT GRAEF**.com
Horsemanship Clinic



SIGN UP ON-LINE
www.BrentGraef.com/schedule
\$375 1 class, \$680 both classes
(each class is 3 hrs/day for all 3 days)
Audit \$25/day/pay at the door

CONTACT
Kris Graef BrentGraef@Yahoo.com

August 27-29, 2021
Lakefield Farm
1440 Lakefield Rd ~ Grafton, WI

All Riding Disciplines Welcome!

FOUNDATION CLASS
9:00-noon each day
Approx 1/2 groundwork, 1/2 riding (walk/trot). Learn to read your horse so you can develop your feel & timing on the ground; then take those skills to the saddle.

ADVANCING CLASS
1:30-4:30 each day
This class is all riding. Whether your goal is high level competition, ranch work, or to simply feel safe riding down the trail, you'll refine the skills you need to reach your goals.

Activities at Lakefield

Lakefield Book Club:

Our Lakefield Farm book club has been a great addition to the activities we offer at Lakefield. It has been so much fun to get exposed to such a variety of books. We all agree that some of the books are ones we would never think of picking up and reading but thoroughly enjoy after we do. It has also been so enlightening to hear what others think or take away from a book. Some of our past favorites were :

Winter Dance, by Gary Paulson
Rent Collector, by Cameron Wright
The Soul of a Horse (Life Lessons from the Herd) by Joe Camp

You are welcome to join us to discuss our January pick which is on January 28th at 7:00 p.m. we will be discussing the book Driftless by David Rhodes which takes place in a small town in Western Wisconsin

Ladies of Lakefield:

Strictly a social gathering of anyone who is interested in coming and having a great time. We start at 5:30 but people come and go as their schedules accommodate. We would love to see you when we meet next on the 3rd Friday of Every Month a 5:30.

February 19th—5:30, at the Barn

Donations:

Lakefield Farm has always tried to be a friend to the community by donating horsemanship weeks to local schools, churches, and to organizations such as the MACC Fund, and Ladd Lake. This year our boarders got involved in contributing to a very worthy cause, the Rick Kemp Foundation. We were able to collect \$1100 towards this foundation that gives 100% of what they raise to support veterans in numerous ways.

If you have an organization that could use a donation for a fundraiser, please contact us and we would be happy to consider it.



LAKEFIELD FARM

1440 Lakefield Rd
Grafton, WI 53024
262-375-4451
info@lakefieldfarm.com

Lakefield Farm is owned and operated by Rosanne and Don Korinek since 1986. We pride ourselves in Quality care for the horses and a multi-discipline approach to instructing our students. We have experienced and professional trainers on site. We bring in quality clinicians from around the country. Our facility boasts many amenities including large Grass Pastures, Heated Tack Room, Large Indoor and Outdoor Arenas, Wash Stall, Heated Lounge and Rest Room with an Exceptional Staff.

Visit our website

www.lakefieldfarm.com



Don't have a Horse . . .

Lakefield Farm has wonderful school horses to start you out on your horse Journey.

Think about getting your Horse crazy child or loved one, a Lakefield Farm Gift Certificate.

We can get you one in the denomination of your choice.

E-Mail:

info@lakefieldfarm.com

- **Gift Certificates**
- **Lessons**
- **Boarding**
- **Summer Horsemanship Weeks**
- **Clinics**
- **Tiny Tot Programs**