



Barnside



So happy to be out to lush green pasture!

It's finally stopped raining! This spring was a challenge for horses and riders. The horses were getting agitated because they knew the grass was ready for them but unfortunately there was standing water underneath. Riders were tired of staying in the indoor when this is the season we usually get out in the outdoor and on the

trails. The time has come though and horses and riders are happy again! Lessons are in full swing. We have a huge group of camp volunteers this year as well as two great camp directors! We are so proud of our horsemanship weeks as they are the starting point for so many of our lesson students. The volunteer program builds more confidence and gives our students the opportunity to share their knowledge and love of horses. Since we were stuck indoors a lot this spring, we focused our efforts on several projects. One was the lounge. Our lounge has a complete new paint job, flooring redone, new furniture and decorations. It looks great and is a comfy place to watch riders in the arena,

meet for our Ladies of Lakefield, gather for book club or watch a DVD on the wall mounted TV with DVD player. There is also a terrific library of excellent books. We hope you will check it out! We also finished the installation of our speaker system which is a huge asset to students and parents who now have no trouble hearing the instructor during lessons. Make sure to check out our summer programs!

See you Barnside!

Rosanne



Special points of interest:

- SNOWMAN'S JOURNEY
- WISCONSIN CATTLE DRIVE
- LETTING GO IS HARD TO DO
- UPCOMING CLINICS
- HORSEMANSHIP WEEK
- DAY OF HORSEPLAY

Star out of the Box



Twinkle, Star, and Rosemary

So, I have not been exactly enamored with my feed choices lately. The grain is so-so, the supplements—I won't use the adjective that comes to mind—and the hay cubes, well, in Quinn's words, "horse poop." Grass, you say, everyone loves grass and now you get to eat some every day. It's true, grass is nice, but you have to have more teeth than I

do to really enjoy it. I was looking at a very old column that I wrote when I was expecting Twinkle, and I think I have found a solution to the ho-hum feed situation.

From 2002:

Dear Star,

Lately I have felt out-of-sorts and a little cranky. I don't know if it's the flies, the changing temperatures, the changing seasons or just the fact that I am getting older. Do you have any suggestions for helping me break out of this slump?

Cranky

Dear Cranky,

Star has the perfect solution for your problem. Star has had an opportunity to do some reading, and thinks she has found the answer. The book *Fitness for Horse and Rider* by Jane Holderness-Roddam is chocked full of useful information. Star skipped the sections on equine fitness and exercise, and went right to the section on feed, a topic near and dear to her heart. There she was rewarded with an excellent suggestion and believes you will be too.

(Continued on page 5)

My Journey with Snowman—A New Path

By Wendy Peche

One of the bonds we all share at Lakefield Farm is our love of horses. We all know the rest of the world can't quite understand our obsession. That's OK! We forgive them!

When I dreamt of having a horse as a child, my vision was a combination of, "My Friend Flicka," "National Velvet," and "Mr Ed." I thought I'd be the teacher, my horse would learn from me and it'd be easy. I had it backwards! I had no idea what an amazing teacher my horse would be.

Maybe the greatest gift our horses give us is that they live in the moment. They have no expectation for the future, or disappointments from the past to cloud their relationship with us. I heard someone say horses offer us a unique opportunity to see ourselves in "divine mirrors." Horses reflect back the energy we give off in our own emotions. Horses are not only acutely aware of our energy, they are attuned to their internal energies.

Energy is a word, concept and awareness I unfortunately didn't pay much attention to until I retired and began my journey with horses. It all started to make sense to me. I'd seen energy work with horses. I'd seen how a few touch points could help a horse relax, release tension and even increase range of motion. I'd been encouraged by Tami Parr, (Equine a.t. Parr) to do simple techniques regularly on Snowman shortly after I bought him. After all, he was in his 20's and it would be great

for him. Unfortunately like many things we could do, I'd arrive at the farm focused on my day's plan which would start with grooming but quickly turn to my goal of ground work, riding and or lessons. I only did my energy work periodically.



Then on October 5th, 2018 my plans derailed. Snowman was diagnosed with DSLD, Degenerative Sensory Ligament Dismittis. As it's name states, it is degenerative and has no cure, or even known cause. It strikes horses young and old. Overtime it causes lameness and is extremely painful. In my simplest layman terms, I describe it as "his ligaments are fraying." Like many other degenerative diseases, the speed and progression is unpredictable and unique to each horse.

It was a shock! Snowman was in the best shape of his 27 years thanks to Leanne, Deb and Amanda who'd been riding Snowman for me while I was recovering from a shoulder replacement and subsequent neck sprain. I had just gotten the OK to start riding again 3 months earlier.

When DSLD is diagnosed a horse needs to greatly reduce activity and "retire." Dr. Heather Rony

(Fredonia VeterinaryClinic), whose horse had had the same disease, said we would create our own road map for Snowman. We had hoped I could still ride him for short periods of time, a couple days a week. My riding was very basic as I was starting to relearn myself, so our rides would be gentle and easy. Trotting is the most harmful with this disease. Unfortunately the disease progressed quickly and within 6 weeks Dr Heather said my riding should stop. Snowman was very clear when he was in pain, and we honored that. As Dr Heather told me, "Snowman is very wise and he knows when to stop." Unfortunately our motto of, "motion is lotion" does not apply to this disease. The disease continued to progress at a fast pace until January, 2019. In the meantime, I was progressing with my care plan. While there were many things I considered, I chose a simple plan of energy/body work 5/6 days a week. Dr Heather and I were very pleased when the disease progression slowed.

The gift of Snowman being officially retired means I no longer need to be distracted by what I should be working on, such as ground work or riding. My sole focus and energy is to listen to what he tells me he needs. I have learned about the Masterson Method from Brenda Schulte-Kristl, (Fitness First). It is an interactive method of equine body work that teaches you to recognize, by the response of your horse to touch and massage, where to find and release accumulated tension in the body. I have also learned about acupressure (continued on page 5)

I HAD NO IDEA
WHAT AN
AMAZING
TEACHER MY
HORSE WOULD
BE

Camp Volunteers and Directors



Our Camp Directors, Katie Quinn and Brenda Kasun are working with a great group of volunteers who are excited about giving our camp participants an experience of a lifetime. Our program continues to improve and grow. If you have not signed your child up for this amazing experience, don't hesitate any longer. Several weeks are very close to being full.

Congratulations!!!

Lakefield Farm offers leasing opportunities to our lesson students to help them further their skills, gain more hands on experience and help them determine if horse ownership is for them. Lease opportunities are limited. Kiera is thrilled to be leasing Red who she has been riding in her lessons.

LEASING
IS A TERRIFIC
WAY TO
INCREASE YOUR
SKILLS AND
PRACTICE
WHAT YOU
LEARN IN LESSONS!

Debbie and Waylon

We are so excited for Debbie who just purchased this beautiful 5 year old Thoroughbred gelding. He is a natural jumper and is perfectly suited for the eventing that she loves to do. We know that they will have a very successful future together! Congratulations Debbie on getting the horse of your dreams.



Kiera and Red

Kiera couldn't have been more surprised and thrilled on her 12th birthday when she found out that her parents leased Red for her. She has been taking lessons on Red and is totally in love with him. Kiera is so excited to be able to be spending more time out at the barn with Red and also Volunteering for our Horsemanship Weeks.



Have you checked out the You Tube channel of Jack and Paula Curtis Horsemanship?

As some of you know, our daughter Paula and her husband Jack Curtis have been working very hard on their online courses, which include a video library membership, a goal setting course, a stretching course as well as a canter course. They also have a You Tube channel now with some excellent video. If you are looking for some wonderful training techniques, I would definitely check them out. Also coming soon, is a stretching book. Some of us here at the barn have been doing some of her stretching exercises and they are quite incredible. Anyone that knows them, realizes what great teachers they are. Take advantage of their You Tube videos and check out their courses at JackandPaulaCurtis.com

| On Line Horse Fair | Woodland Oaks |
|---|---|
| <p>Do you love going to horse fairs and learning from some of the best and most eclectic horsemen and women out there? NOW you don't even need to travel... Enter "The Art Of The Horseman" A First-Ever online horse fair. AND you can get a free ticket to the event. Watch clinics, seminars, and presentations from the likes of; Karen Rohlf, Shana and Thomas Ritter, Jec De Aristotle Ballou, Warwick Schiller, Dr. Gerd Heuschman, Wendy Murdoch, Kate Fenner, Callie King, Chris Irwin, etc...The Art Of The Horseman Online Horse Fair - <u>Get Your Free Ticket!</u></p> | <p>Jack and Paula Curtis are offering clinics at their learning center "Woodland Oaks" in Grafton WI. Click on the links below for more information.</p> <p><u>DRESSAGE DONE NATURALLY...IN LIGHTNESS... FOR ALL DISCIPLINES...JULY 14 10AM START TIME.</u></p> <p><u>SPEED AND GYMKHANA... JULY 21ST 10:00AM START TIME.</u></p> |

FREE TICKETS

FOR THE

ONLINE

HORSE FAIR



Parker Ranch Hawaii

While in Hawaii, we visited Parker Ranch which is the largest ranch in Hawaii. The Paniolo is a Hawaiian Cowboy, their roots tracing back to the Mexican cowboys taken to the island in the 1830s. Their horsemanship is quite incredible.

Here Don is riding one of the Broncs at Parker Ranch!

Snowman's Journey continued

from Sam MacLean, (Red Dog Ranch). Acupressure which has been done for thousands of years and has been proven to:

- Release natural cortisone
- Reduce inflammation and swelling
- Release endorphins to increase energy and relieve pain
- Increase lubrication of the joints for better movement

These 2 methods compliment each other. Brenda and Sam see Snowman regularly and have taught me what I can do myself.

You may wonder why you most often see me lately working on Snowman in his paddock instead of in the aisle or arena. As the disease has progressed, Snowman appears to be most comfortable in his herd and no longer enjoys being alone in the arena.

It is ironic to me that after 40+ years in my 1st career that involved and relied on my verbal communication skills, that in my newest

career as a horse owner, I rely on little or no verbal communication!

Also, to my complete and utter amazement these last months, since I've been doing the energy work with Snowman, some of my greatest joys and life lessons have occurred. The depth and focus of my listening and the power of touch has been profound and powerful. Snowman let's me know where he needs me to work, often directing me where there is heat. He lets me know when he has had enough. There are days I work on him for 90 minutes (especially after he has kicked up his heels and has been active) and others when only 10 minutes will suffice. I have learned when he walks away if he means, "I just need a short break," or "I'm done." What I have also learned from my wonderful teachers, Brenda and Sam, is that the benefits of the energy work doesn't stop when you walk away.

There is a trust between us that grows every day. I trust Snowman knows how

much he needs to move. He still loves to kick up his heels some days, cantor in the paddock and now the pasture. His movement is on his terms.

Many of you tell me Snowman looks happy and I agree with you. Dr Heather said just weeks ago at her last visit, she loves seeing "his soft eyes." And "to continue to keep doing what I am doing because it seems to be working." While I am not naive to think I can stop the disease, the quality of his life is grand for now. So for those of you who wonder why and what I'm doing 5/6 days a week, now you know.

And.... If you think for even a moment you should feel sad for me because I can no longer ride "my boy," please know I am on the most amazing journey in my life. I will forever feel grateful for this time, being at Lakefield and the collective support, energy and wisdom of you all.... especially Ms Twinkle. ☐

Wendy Peché

Star out of the Box continued

Star quotes her favorite line: "Beer (emphasis supplied) is an excellent pick-me-up, and if enjoyed, could be given to an off-colour horse." If enjoyed?!!!! Although Star is not currently in any condition to enjoy beer, she knows many horses for whom it may be just the ticket. Star is waiting for the appropriate moment to spring her new plan on the Korineks. In the meantime, Star notes that the fitness portion of the rider's section of this book does not exactly have dog-eared pages. Someone else may have discovered the pick-me-up.

P.S. Blue, you may want to have your riders invest in a couple cases because your name implies that you are always at least a little "off color." Star advises you to run with that thought and maybe hold out for an import.

Don't forget Ladies of Lakefield at 5:30 on the 3rd Friday of the Month! Everyone is welcome!

Our last book club we discussed the book *The Horse Lover: A Cowboy's Quest to Save the Wild Mustangs*. It definitely raised some thought provoking discussion!



ACCUPRESSURE

HAS

MANY

HEALING

BENEFITS

So Many Opportunities!

Intermediate/Advanced Camp! August 9-11 9 A.M. to 4 P.M.

This exciting intensive 3-day Horse filled weekend is a great way to wrap up the summer. It is designed for the intermediate through advanced equestrian to enhance their riding skills and all around horsemanship. A camp experience that focuses on personalized attention of horsemanship for the Hunters and Jumpers.

Mounted and un-mounted lessons will focus on mastery of the essentials and enjoyment of riding. Participants will expand on their groundwork, flat work and jumping skills, while building stamina with fun exercises. We will discuss the logistics of how to set up a jump course. Participants will delve into the care of the horse as an athlete, both physically and mentally.

Come join us for horse excitement, with a sense of achievement, and deeper relationship with our horse(s), while building memories with equine enthusiasts.

Contact Leanne:
albers.synergiequine@gmail.com

Horsemanship Weeks



[Horsemanship Week Flyer](#)

[Horsemanship Week Registration](#)

- June 17-21
- June 24-28
- July 15-19
- July 22-26



Because of the Horse . . .

Can you finish this sentence? We all have stories that start with this. Paula would love to hear them. Paula is putting a book together called "Because of the Horse . . ." and she would love to hear how you would finish this sentence. Please e-mail Paula at JPC@jackandpaulacurtis.com or visit their website at JackandPaulaCurtis.com

Kirsten Nelson Clinics

We will again be hosting Kirsten Nelson Clinics.

June 15-17
September 7-9
November 2-4

Lecture June 15—Noon

Contact: Sally Moskol
skmoskol@gmail.com

Mind, Body & Spirit.

The whole horse is impacted.

DAY OF
HORSEPLAY

HORSEMANSHIP
WEEK

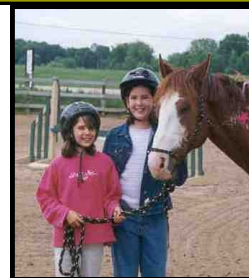
INTERMEDIATE/
ADVANCED

CAMP

Day of Horse Play—A Perfect Compliment to Lessons, Camp, or Leasing!

A Three Hour a Week Fun and Educational Series

Does your child want to spend more quality time at the barn engrossed in horses? Horseplay was created to educate the equine enthusiast while off the horse. After all there is so much more to horses than simply riding. Children will have an opportunity to step away from technology and gain a slice of life on a horse farm. Your child will discover the responsibility and joy that is involved with caring for a horse. In this they will acquire self-confidence and gain a feeling of pride within themselves. With our encouraging staff they also learn about horse parts, equipment used, and so much more. This is a summer experience your child will remember forever. **HURRY—STARTS June 20th!**



Leanne Albers
262-227-6047
Albers.synergiequine@gmail.com
www.alberssynergiequine.com



Cindi and Magic

MY HORSE
WAS A
FULLFILLMENT
OF A
LIFETIME
DREAM

Letting Go Is Hard To Do...

by Cindi Whiten

To paraphrase Neil Sedaka...it is so very hard to let go of a lifetime dream. No matter what the dream, to realize you've had achieved that goal and circumstances now demand that you let go of that dream can be gut-wrenching and heart-breaking. I recently had that experience and I am still coming to terms to what life without that dream will look like.

Allow me to explain: I was a horse-crazy child who every Christmas and every birthday asked for a horse. (With five brothers and sisters what was I thinking?) Every birthday and every Christmas my parents gave me one—a Breyer horse model. One Christmas I was given a stable to house my treasured friends. I was thrilled that my parents thought enough of my dream to gift me what they could afford. I still wanted a real horse!

As I began to mature, I came to understand that giving me

a horse wasn't going to happen. My parents just couldn't afford it. I am chagrined to recognize the pain my parents must have felt not being able to give me my heart's desire. Once my parents divorced, the dream was even further out of reach.

Time continued to march on...I turned my attention to the usual things teenagers pursue. School and boys got my full attention—especially boys! In due time I met a member of the opposite sex that I knew I wanted to marry, love and grow old with.

On our wedding day, my newly minted husband made me three promises: one day we would own our own home, I would have my own car, and lastly, he promised one day I would have my very own horse. As we were poor as church mice on our wedding day, I couldn't imagine how he was going to make good on all his promises. I trusted his

honorable intent and put them away in a special place in my heart. In due course, the first two promises were fulfilled. The last promise took a bit longer.

Our 25th wedding anniversary passed and he saw the yearning in my eyes when he gave me a piece of very nice jewelry. (my former sister-in-law has always said baubles work) An idea began to percolate in his mind—he was going to find a lesson barn that would teach me how to be a horse owner. After several false starts, he found just the place. It gave him immense pleasure to see the shock and pleasure on my face on my 42nd birthday when I opened the envelope containing a gift certificates for some riding lessons. I couldn't contain my joy!

I took riding lessons for about 3 ½ years before I had the confidence that I could ride and own my horse. (continued on page 8)

Letting go is hard to do (continued)

I traveled all over the state of Wisconsin looking for a flashy paint gelding that I thought would be perfect for me. My teacher advised me to, "stop looking for flash and start looking for nice." I finally heeded her advise and found a nice nine-year-old Quarter Horse mare that I quickly fell in love with. I had so much joy riding her or just spending time together. It didn't matter what we did--she was my lifetime dream. We loved each other very much and "joined up" or bonded about four years after we came together. We had about 14 ½ years together.

Recently, she

experienced a blockage in her small intestine that could only be addressed through surgery. She was 23 years old (almost 24) and had Cushings disease (a disease of the thyroid) which made her a poor candidate for surgery. I made the awful decision to euthanize her.

After she was gone, I had horrible nightmares that she was blaming me for her death and the more I tried to explain, the faster she ran away. The nightmares continued until we buried her ashes in the pet section of the cemetery where my husband and I will be when our time comes. The dreams are

now peaceful and the nightmares have stopped. I can accept she is at peace.

My horse was a fulfillment of a lifetime dream; there is a hole in my heart where my mare lives. I am still grieving; my grief sometimes feels like something I can reach out and touch. But I am getting better and I know in the fullness of time it will hurt less. One day, I know all the good memories of the time we had together won't hurt and I can just feel the love and joy my horse brought into my life.

Cindi

FOR MAGIC

FOR EVERY TIME I SAID, "I CAN'T,"

YOU SAID, "YOU CAN."

FOR EVERY TIME I SAID, "I'M SORRY,"

YOU SAID, "THERE'S NOTHING TO FORGIVE."

FOR EVERY CHILD YOU CARRIED ON YOUR BACK,

I SAID, "I TRUST YOU."

YOU SAID, "I GOT THIS."

FOR EVERY TIME I SAID, "I'M AFRAID,"

YOU SAID, "I'M HERE."

FOR BEING MY COMPANION, MY TEACHER, MY FRIEND,

I HAVE NO WORDS EXCEPT...

THANK YOU.

ACES R. MAGIC

APRIL 19, 1995-APRIL 4, 2019

Wisconsin Cattle Drive and Cattle Clinic

This year, in my search for different experiences with our horses, I came across Devil's Hole Ranch Cattle Drive in West Central Wisconsin. Couldn't believe there was something like this only hours away! We were warned that the terrain was hilly and that there were creeks to cross. Our plan was to get our horses prepared

by trail riding and doing a lot of hill work. As the saying goes "best laid plans of mice and men", spring brought nothing but rain so trails were out of the picture. We put some time in on them in the *flat, well groomed indoor* arena. It couldn't be all that bad could it? Off we headed with Dreamer and Cashmere in tow. As soon

as we arrived we were told to unload, tack up and go through a bit of a trail obstacle course to see if our horses were up to the task. Through the creek, over some logs, rocks and now up the hill. Cashmere got a quarter of the way up the hill and decided there was no reason to continue. She completely stalled out and

needed quite a bit of encouragement to make it to the top, only to find out that the descent on the slippery slope was even more difficult. Well I guess we passed. How many of those steep hills could there possibly be on this ride anyhow? As it turns out, a LOT!

(Continued on page 9)

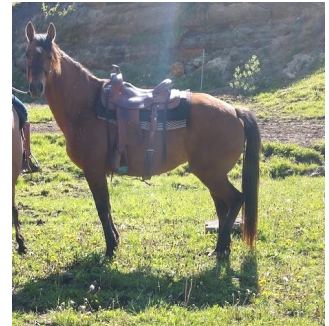
Wisconsin Cattle Drive and Cattle Clinic continued

OUR HORSES
WERE TROOPERS
AND CARRIED
ON BUT I COULD
FEEL CASHMERE'S
UNCERTAINTY
GROWING

Day 1 – 16 participants plus wranglers split up in 3 groups headed out to “sweep” the pasture (hundreds of acres) to move cows and their newborn calves to another pasture. Knee deep mud (they had all that rain too), boggy areas, horses off in the distance, no level ground in sight, and bellowing cows every which way was a lot to take in for us “flatlanders”, as they called us. Our inexperience showed. We had no idea where we were headed and the wranglers were busy galloping up the hills to see if there were any calves hiding out in the tall grass. Our horses were troopers and carried on but I could feel Cashmere’s uncertainty growing. When we eventually got all the cattle (hundreds of cows and calves) rounded up to go through a gate, the bellowing grew to an incredibly loud din as the cows called for their calves. This amazingly enough did not seem to bother the horses. Lunch was a welcome break both for us as well as the horses. After lunch we headed out again and climbed a steep hill, Cashmere huffing the entire way. Once we reached the top, we found ourselves heading into a plowed field. I could feel

Cashmere’s exhaustion as her legs seemed to tremble and she struggled to catch her breath. I decided that she had enough both physically and emotionally for the day and Don and I headed back. It was a good decision.

Day 2 – Physically Cashmere seemed good to go but I could tell mentally this was extremely challenging. She started throwing her head at the start of the ride and could never really settle. The creeks started becoming an issue and she started leaping over them. I’m pretty sure at the last creek crossing, she could have cleared a 6’ fence. We finally made it to level terrain and ended on a good note. Unfortunately I came home with a horse that decided that tossing her head and leaping was a way to deal with any anxiety that came up. The lesson in this is that we needed to be better prepared for the physical challenge which may have helped with the mental aspect. There were certainly parts of the ride that we could not have prepared for and unfortunately due to the nature of the ride, we were unable to give our horses the support or let down time they needed to process and realize that all was okay. Would I do this drive again? Absolutely! (better prepared). It was



awesome people, incredible food, and a tremendous opportunity. I now needed to focus on helping her deal with her emotions.

So, fast forward two weeks and off to Sturgeon Bay we went, to Idlewild Farm, to a Lee Smith Cattle Working Clinic with Dreamer and Cashmere in tow. We used to host Lee years ago and have been going to her clinics for years. If you are interested in good horsemanship, you really need to get to one of her clinics. So here I was with Cashmere. I wanted to work on improving her skills but now had head bopping and leaping issues! One of the big lessons Lee teaches is that you discourage the things you don’t want and make it easy to for the horse to do the right thing. This is easier said than done. As we all know there are a million circumstances that can come up with horses. Lee is a terrific (continued on page 10)

Wisconsin Cattle Drive and Cattle Clinic Continued

story teller and every story has a reason she is telling it. She really wants you to learn not only what the horse is telling you it needs but also how to help it find the correct answer. So as an example, the first day we did a lot of horsemanship and Cashmere was quite a good student. The last hour, they brought the cattle out and as Lee was explaining what we were going to do, Cashmere started to dance and toss. Quite frustrating! I tried all sorts of things. Moving her hindquarters, front end, backing, bending, and I am embarrassed to say, at one point I was so frustrated with her, I bopped her on the head. Day 2, Cashmere, after spending a night in a stall with walls up to the ceiling and completely isolated, didn't need the cattle to bring up her anxiety. As we stood in a circle, Cashmere was worse than ever and now was so worried about where Dreamer was, it was ridiculous. So Lee sees my frustration but continues her story about a horse that always wanted to trot to the barn when she wanted to walk. She told how every time the horse wanted to trot, she would turn the horse away from the barn and trot a mile or two and then turn around to walk home. She did this numerous times until the

horse decided walking home was a great idea and she never had the issue again. I'm pretty sure I heard the story before and felt I really never had an issue with my horses wanting to get back to the barn. Thank goodness we were now riding again except now Dreamer became a magnet for Cashmere. As I tried to keep her away from him, she got worse. Lee told me to head right toward Dreamer at a canter and then hustle right on past him. Once past, let her relax. After doing this a number times, Dreamer wasn't quite so appealing! Cashmere learned that Dreamer wasn't the relaxation place she had hoped! Yeah, one issue solved. Oh boy, now we were back in a circle. Cashmere couldn't stand still. Then the light bulb came on. I took Cashmere out to the other end of the arena and cantered about 8 big circles and brought her back. As soon as she got antsy, she went out and did another bunch of laps. We did this about 8 times and all of a sudden I could feel her wanting to go back to the circle. We did one more lap and when we went back and stood, she was totally quiet and relaxed. Hmmm, that story she told couldn't have been told to help me, could it? Day 3. The first sign of

her not standing still, we went out to do circles. It only took twice around and she was ready to stand relaxed. In thinking back about the cattle drive and a trainer there telling me about putting a string above her gum, over the poll, and attaching to the saddle to stop her from tossing, I'm sure glad I opted for a more thoughtful route. The other side of this is that I know I know these things but sometimes we get so wrapped up in the problem, we don't see the solution.

I just want to share one other thought from the clinic that I hope I can get everyone to think about. If we want the horse to do something, there has to be something in it for the horse. If we swing a rope, use a leg, a rein and the horse responds, we need to let go or stop. This is the release. I see people continue to swing, pull, or kick, even after the horse is doing what they ask. The horse then learns that even if they respond, the pressure continues anyway so why should they put in the effort. Learn to release at the slightest try and build from there. In Lee's words "Pretty soon it will feel like it takes nothing at all".

Rosanne

LEARN TO
RELEASE AT THE
SLIGHTEST TRY
AND BUILD FROM
THERE, PRETTY
SOON IT WILL
FEEL LIKE IT TAKES
NOTHING AT ALL



LAKEFIELD FARM

1440 Lakefield Road
Grafton, WI 53024

262-375-4451
info@lakefieldfarm.com

Lakefield Farm is owned and operated by Rosanne and Don Korinek since 1986. We pride ourselves in Quality care for the horses and a multi-discipline approach to instructing our students. We have experienced and professional trainers on site as well as we bring in quality clinicians from around the country. Our facility boasts many amenities including large Grass Pastures, Heated Tack Room, Large Indoor and Outdoor Arenas, Wash Stall, Heated Lounge and Rest Room with an Exceptional Staff.

Visit our website

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