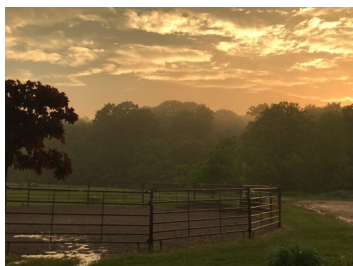




Barnside



Interesting sky over the roundpen

photo by Elly Davis

What a totally crazy year so far! The weather has been completely unpredictable. The horses are really enjoying the knee high grass, but enough rain already! It's been super exciting to see all the barn activity. We have an amazing camp staff that is doing an incredible job at making sure our campers have a wonderful camp experience. Leanne has been teaching her first ever Tiny Tot class for 3-6 year olds. Oh my goodness, they couldn't be cuter! We finally

could hold our Ladies of Lakefield outside, but we were still wearing down jackets. Yes, it was the 3rd week in June! The trails have been getting lots of use as riders are taking advantage of the fact that the bugs were almost non-existent and the breezes from the lake were welcome.

Don and I are looking forward to quite a unique experience. We will be going on a Sporthorse Cruise to Alaska for Equestrians. While at Sea, we will be attending seminars on Principals of Horse Health Management, Soundness, Treatments and medications, presented by Dr. Donna Stevens of California and Dr. Christian Schacht of Germany.

Once we get back, we'll be gearing up for our last two Horsemanship Weeks (a few openings left), Kirsten Nelson Clinics and the Cow Working Clinic taught by Brent

Graef. The year is flying by and if you haven't signed up for these opportunities yet, do so soon! Make sure you check out the rest of the newsletter. There are lots of great photos, stories, and opportunities.

See you barnside!

Rosanne



Special points of interest:

- GREAT ARTICLE

CONTRIBUTIONS

- AUDIO LESSONS FOR EQUESTRIANS
- CAMP AND CLINIC OPPORTUNITIES
- WONDERFUL WORLD OF HORSES
- GIFT CERTIFICATES

Inside this issue:

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Star out of the Box



Twinkle, Star, and Rosemary

Once again I am dusting off my keyboard to write another column. You probably thought (or hoped) I had retired, but I'm b-a-a-

ck. I don't know about the rest of you, but this spring has been very confusing for me. One day it's steaming hot, the next day the temperature is almost 40 degrees lower. My neck gets shaved for the heat, and now I am cold in the rain. At least there is grass. More disturbing, the gelding who was sharing our paddock moved away just when I was getting used to moving him. I miss him. I even shared

treats with him—if you can call sharing being chased and threatened by my human while she handed him the goods. To top it off, we have new neighbors who are large, and to me, make Attila the Hun look like Mary Poppins. What's a mare to do? I stand beside or behind Twink who has more snit, and more important, more teeth than I. Let's hope for a nice, bite-free summer.

Star



Audio Lessons for Equestrians

Audio Lessons for Equestrians - If you haven't signed up yet, better act soon!

Paula Curtis has been putting out some awesome audio lessons and videos for free but she will be taking them down in early July. Her unique format allows you to use the lessons while you are with your horse, the time you need it most.

We are all on the quest to become a better rider, trainer and friend to our horse. We take lessons, attend clinics, read articles, watch videos, become members of online training sites, etc... All great tools. Although when we are alone with our horse, sometimes it is hard to recall the information at the right moment. It was all so clear when you were reading and watching but now you are out with your horse and you are drawing a blank... You decide you will have to look back at your notes, or watch that video again.

Audio lessons solve that particular issue. They are unique in the respect that they offer you guidance at the time you need it most. When you are with your horse. AND...

The cool part about audio lessons is that you work at your own pace, and on the pieces that mean the most to you and your horse. Pause, or rewind the lesson work on a specific exercise or tool. You can repeat the lesson days or weeks later, to refine and integrate it, until you are happy with your level of mastery.

What do you feel like working on today. Hmmmm... Pick out your audio lesson, pop in your earbuds, press play. YAY! Easy, right!

We are all sick of screen time, audio lessons take care of that too. Don't watch someone else work with their horse! Instead practice it on yours. As an instructor, there is an endless laundry list of things to work on with your students, and to cover them in a lesson or two a week is not possible. Your instructor will appreciate it! Audio lessons fill in the blanks, they supplement a good lesson program allowing your instructor to focus on the key areas they see need addressing. Giving you a well rounded education

You will get lessons on.

- 3 Easy Tricks to Better Hands.
- Discover the Power of Riding Your Horses Mind
- In Front of the Leg!
- Simple Techniques to Find Your Best Seat
- How To Apply Your Aids
- The Rein Aids, and How to Use Them

<https://www.audiolessonsforequestrians.com/pl/26359>

Some riders don't have access to an instructor, they live too far away, too much money, not enough time, etc...

Audio lessons can be listened to when you drive to work or the barn, then you can re-listen as you ride. The instruction is there whenever you want it, at the touch of a button.

Audio Lessons are another tool in our toolbox. The more tools we have the more we can do.

Be a better rider, trainer, and friend to your horse! Try a free series of audio lessons to see what you think! Copy the link below to download a free lesson today!

<https://www.audiolessonsforequestrians.com/pl/26359>

DON'T MISS OUT
ON FREE
AUDIO LESSONS



Tiny Tot Class



So Eager to Learn!

Despite Weather that went from freezing to blistering, our show participants were always in the ribbons!



Sydney and Dreamer



Leanne & Lauren

Quite the fashion statement !



Hope on Twink



Mackenzie and Huckleberry



Cheryl was all smiles after her dressage test!



Madi on Max



LEANNE ALBERS

OF SYNERGY

EQUINE HAS

BEEN WORKING

WITH STUDENTS

WHO ARE OFF TO

A GREAT START

THIS SHOW

SEASON!

Leasing opportunities:

If you think you may be interested in leasing a horse, make sure you let your instructor know! Lease horses are typically in high demand and are not always available. We do have several that are available

now. When you lease a horse, you are able to take that horse on trail rides, go to horse shows, and spend lots of time with it. It is a tremendous learning opportunity! Your instructor will be able to give you more details if you have questions.

"Leasing is the perfect transitional step that I would recommend to everyone"

Wendy



Camp Directors and Volunteers are Awesome!



Katie, Wendy, Marilyn, Cadence, Lilly, Sydney, Sophie, Sloane, Charlotte, Hope, Mackenzie, Libby, Kimmie



Katie & Admiral



Kimmie & Mae

Congratulations to Lauren and Charlie!



We are so happy for them. For those of you who don't know, the Kasun family has been part of the Lakefield Family for over 17 years. We've shared a lot in that time and are thrilled to share in the joy of Lauren's marriage. Lauren started taking lessons as a young child with her brother and sister following suit. Brenda, Lauren's mother is now our barn manager. We love them all and are so happy for Lauren. To watch these children grow up and become beautiful women and men, is very rewarding. We know Lauren and Charlie are going to be very happy. Charlie is a Marine and will be deployed soon, so Lauren will just have to spend more time with her horse, Chanel, to help keep her mind off of her new husband.

Congratulations Lauren and Charlie Peck!



Sylas was Ring Bearer

River was a Flower Girl

Welcome to the Wonderful World of Horses

As a lot of you know, I have been teaching this class for the past 20 years on the farm but would love to reach a much larger audience. I am passionate about helping people get into horses with their eyes wide open and with the knowledge to choose not just a horse, but a stable, instructor and venue that suits their abilities, budget and goals. This is a much harder endeavor than I would have ever realized. I am trying to go more in depth than I could in the course of 4 classes at the barn. Some things are challenging as I try to figure out the technical issues, getting video and pictures so that people can really see what I am talking about and just putting it all together. I know there are some of you who are wondering when I will be holding the class again. It will come! In the meantime, for those of you who are already in the middle of your horse journey, I would love it if you would share some of your experiences with those that may be interested in a course like this. If you could share what you wished you would have known when starting out or some of the fears and concerns you experienced along the way. Your story could possibly help someone have a wonderful horse journey versus a nightmare of shattered dreams, heartache, disappointment, fear, or even broken bones. We've all heard the stories of people who were pushed beyond their limits, bought a horse way above their abilities, or ended up with a horse that needed more health care than they could possibly afford. We all have our story. Would love you to share yours.

E-mail me your journey. Rosanne@lakefieldfarm.com

"LAUREN AND
CHARLIE WERE
MARRIED ON
JUNE 16, 2018



Our Trail Riders

Super Hot—Super Cold

They've been out there!

Grass

by Cirsten Paine



There is a ritual on the farm that signals the end of the truly miserable winter months and heralds hope that fine weather may be on the way. It happens on the day that Don decides the pastures are dry enough and the grass established enough and whatever other measures his horse sense uses are satisfied. The horses know it's coming. They have watched for weeks as the sweet green stuff has grown. They have stretched velvet noses under fences, bumped their heads on gates and yanked unwitting human arms just to get a taste.

Today, they watch, two dozen pairs of soft-lashed eyes, as Don's truck makes the trip to deliver the water troughs. Like distant thunder, faint excitement ripples through the paddocks as the pickup passes, then passes again, making preparations. Head high, ears forward, one horse starts to trot circles bounded by the hard dirt pen where he has spent the winter. Others join in, first in one paddock, then the next and the next. Soon they are charg-

ing in short circles, manes flying through the dust. The noise builds -- whinnying, snorting and thundering hooves. Everywhere is noise, motion and anticipation. Then Don opens the first gate. Three geldings pass through almost cautiously and then gallop wildly down the fence line, up the small rise, to the large, grassy pasture.

Now the paddocks boil over, horses jumping, bucking and charging as if to say, "It's happening, it's happening. Hurry, Don, hurry!" A mare stands up-stretched on her hind legs and paws the sky, metal shoes flashing in the new sun. Another jumps, all four feet in the air, twisting to come down at a gallop, stopping hard just before the electric wire.

Then, gates open and hooves thunder. They race in groups of two or three past the dried mud, to that sweet, soft sea of green.

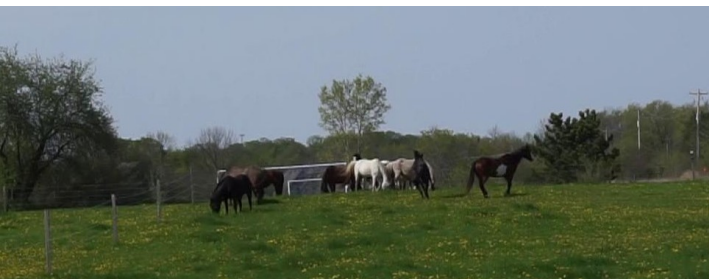
The pastures become a rainbow of horse colors as white, bay, red, black, and paint shine against the sun-drenched field. Muscles bunch and quiver as the horses take the opportunity to really stretch their legs for the first time in months. Hunger is forgotten as they gallop, jump, roll, kick, chase and charge in a fireworks of horseflesh. The happiness is catching and humans watch, smiling at each other as Star, at her age, brings her legs to trot a few steps before remembering her dignity.

Like any celebration, the eruption of initial joy melts slowly to contentment. The energy burns off as the sun warms the land and the wind picks up the smell of clover. Gallops become trots, bucks become headshakes, and kicks turn to swishing tails. The hurricane of happiness slowly dissipates as one long, muscled neck, then another, then another bends to the ground and begins to eat. Grass.

Summer has begun.

TODAY THEY
WATCH

TWO DOZEN
PAIR OF SOFT
LASHED EYES
AS DON'S
TRUCK MAKES
THE TRIP TO
DELIVER THE WATER
TROUGHs



Julie's Journey into Horses *by Julie Swieziak*

As far back as I can remember, my heart skipped a beat at the sight of horses. I strained my neck driving past farms just trying to get a peek at them. I read countless books of horse stories and studied horse photographs with wishful eyes. I filled countless notebooks with drawings of horsey shapes leaping, running, and standing proud. There is no denying it was in my blood as a child, but any real interaction with horses always felt like a distant dream. Little did I know that eventually this "horse crazy" affliction would not only heal me; but also ground me, motivate me, and become the best part of my life.



As an adult, it seemed incredibly daunting to try and get into horses. I never had the opportunity to be around them as a child and feared my lack of experience would work against me. (Not to mention that I have never been incredibly athletic or coordinated.) I was not sure if was capable of making

that childhood dream a reality. So I ruminated many long hours over the decision to take some lessons, but in the end the "horse crazy" part of my brain took hold and I signed up. These lessons taught me not only about riding horses, but also about the horse as a whole: grooming, groundwork, equipment, care, and psychology. I began to devour books on all these horse-related subjects, and relished my time at the barn. Working with the horses, I started to feel both connected and capable, which was the exact opposite of how I felt in many other aspects of my life at the time. Horses became the new reality I rooted myself in. They offered a chance to become something I didn't know how to be: confident.

Being around horses showed me the value of clear communication between the person and the horse. If executed properly, the person could get progressively quieter and subtler in their requests and the horse actually became more responsive. It was like magic to watch it happen, and it fascinated me to no end. Eventually, I learned to see that this communica-

tion was a two-way street: a conversation. Respecting the horse meant allowing them the dignity to fully join that conversation with the person. Having always felt a deep connection to animals, I realized the importance of dedication to good horsemanship.

This horsemanship journey of mine would never have been possible without the expert guidance, advice, and support of both people and horses that I trusted. The expert instruction and encouragement of Don and Rosanne at Lakefield Farm gave me an incredible start in horses. The lesson horses at Lakefield Farm provided endless hours of education through their masterful patience and tolerance. From all those great teachers came a good foundation, and on that foundation I have built my love of horsemanship. I have put in many years of practice, many years of learning, and many years of both joys and disappointments. I have stumbled into the common pitfalls, fallen prey to gimmicks and myths, and sustained my share of horse-related injuries. I have met people and horses that broke my heart, and those that lifted my spirits. But through all of it, I have never stopped wanting to learn and I have never stopped wanting to be close to horses in any way possible.

These days, I am no less passionate about horses than I was as child, perhaps even more so. This "horse crazy" affliction will always be part of me and will always manage to take me back to that childhood sense of awe with horses. There are still days I watch my own horses running towards me from out in the pasture, and my heart skips a beat. When they reach me and exhale heartily, nuzzling their giant heads and velvet noses into my hands, I just feel like I am where I belong. The feeling of knowing they choose to be with me lets me know I'm doing right by them.

Horses have offered me a connection to a better part of myself, and for that I will be eternally grateful.

Julie

THIS HORSE

CRAZY

AFFLICTION

WILL ALWAYS

BE PART

OF ME

Sign up now to guarantee he comes!

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Horsemanship Clinic

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Sept 8-10, 2018

All Riding Disciplines Welcome!



JOIN US FOR FUN AND LEARNING

"If we can work with the horse's nature, using an understanding of how horses think, we can communicate in a way that develops a relationship based on trust."

~ Brent Graef

HORSEMANSHIP CLASS

9am-noon each day

Learn to read your horse so you can develop your feel & timing on the ground; then take those skills to the saddle. Explore soft feel, cadence, control of the hind and forehand, and lateral moves. These things help your horse become softer, and more supple.



HORSEMANSHIP WITH COWS

1:30-4:30 each day

Use cows as a tool to improve your horsemanship. Emphasis is on good horsemanship and low stress cow handling. All riding disciplines welcome. You should be comfortable at the canter to participate.
(We will not be roping)



PRICE

\$375 per class or
\$680 for both classes
(price covers all 3 days)
Additional cattle fee applies
to cow class
If you ride in one class, you
are encouraged to audit the
other class for free!

Audit: \$25/day at the door

Video/audio taping
prohibited.
*No Stallions please

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Go to "Clinic Schedule" page to
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A 50% deposit will reserve your
spot. Full payment due 6 weeks
prior to the clinic. All payments are
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DRINKS AND SNACKS**

CONTACT

Kris Graef
806-282-6950
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Brent Graef Horsemanship



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262-375-4451
info@lakefieldfarm.com

Lakefield Farm is owned and operated by Rosanne and Don Korinek since 1986. We pride ourselves in Quality care for the horses and a multi-discipline approach to instructing our students. We have experienced and professional trainers on site as well as we bring in quality clinicians from around the country. Our facility boasts many amenities including large Grass Pastures, Heated Tack Room, Large Indoor and Outdoor Arenas, Wash Stall, Heated Lounge and Rest Room with an Exceptional Staff.

Visit our website

www.lakefieldfarm.com



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We can get you one in the denomination of your choice.

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